

# **YMCA of the Treasure Coast**

## Aquatics Center Information

### **Lap Swim Etiquette**

Lap Lanes are for lap swimmers only.

During busy swim hours, please share lap lanes.

Choose a lane based on the speed of the swimmer(s) already in the lane.

Communicate with the member(s) in the lane you are about to enter. Please do so by sitting on the edge of the pool with your feet in the water towards the side of the lane to get their attention. Let them swim a few more laps to ensure that they saw you before you enter the lane.

Please observe a circle swim pattern or split the lane as needed depending on speed and number of swimmers in the lane

Be constantly aware of the other swimmers in your lane.

### **Slides and Kiddie Pool**

Available during family swim hours.

If a closed sign is up during these hours, please see a lifeguard for assistance. They will be able to open the attraction for you.

Children must be able to pass the swim test to go down the slides.

Children over the age of 8 are not permitted in the kiddie pool.

### **Children at the pool**

Children under the age of 8 must be accompanied by an adult.

Children over the age of 8 must have a parent in the facility and must be able to pass the swim test to be at the pool alone.

Children who cannot pass the swim test must be in a lifejacket and accompanied by an adult in the water within arms' reach.

### **Swim Test**

In order to pass the swim test, individuals must be able to swim 25 yards independently without touching the sides or bottom of the pool.