

Morgan Murphy

From: YMCA of the Treasure Coast <engagesupport@daxkoengage.com>
Sent: Friday, November 3, 2023 3:33 PM
To: Morgan Murphy
Subject: November Happenings at the Y



Native American Heritage Month

November is Native American Heritage Month and the YMCA wants to take this opportunity to uplift the culture and history through the voices and stories of Native American individuals and communities themselves. We're going to explore how we can learn more as a community through four steps – LEARN, REFLECT, CONNECT and ACTIVATE.

[Click Here to Learn More](#)

GIVING TUESDAY

Simple acts of kindness can have a large and lasting impact.

When we give our time and expertise, donate food and clothing, or make monetary contributions—both large and small—together, we strengthen our community. The YMCA of the Treasure Coast is participating in Giving Tuesday, a global generosity movement built by individuals, families, organizations, businesses, and communities all around the globe.

Following Black Friday and Cyber Monday, Giving Tuesday kicks off the giving season. This year, Giving Tuesday takes place on **November 28**. What makes it so special? It's 100% driven by people inspired to make a positive difference— people just like you. The Y is committed to helping our community build a stronger, healthier, and better us. We hope you'll consider contributing to the Y. Every gift—no matter how big or small—makes an enduring impact right here in our neighborhood.

[Donate to the Y](#)



37th Anniversary
Easter House

RAISING FUNDS FOR THE YMCA OF THE TREASURE COAST



It's that time of year again! Our YMCA Easter House Project is celebrating it's 37th year of fundraising!

When you buy Easter House tickets, you not only have a chance to win a brand-new house (or \$250,000 in cash), you also help support children and families on the Treasure Coast - so win or lose, those tickets are winners for the entire community!

[Click Here to Buy 1 Ticket + Get 1 Free](#)

In addition, every Easter House ticket transaction you make in November will automatically enter you in to win our November \$1,250 Monthly Cash Drawing!



EVENTS



The YMCA of the Treasure Coast presents the 3rd Annual Amazing Race - Martin County on **Saturday, November 18th** 12PM - 5PM.

Can your team complete The Amazing Race the fastest? Gather your team of four, fill up your gas tank, and get ready to travel around Martin County to locally-owned businesses. *NOTE: THIS IS NOT A RUNNING race, teams will travel in their vehicles to locations.*

This family-friendly event starts at the YMCA of the Treasure Coast promptly at noon. Upon arrival, teams will receive their rules, first challenge and first clue leading them to the second stop on the race path. Each stop along the way will be hosted by local businesses and organizations and will include a challenge and a clue to their next location.

Teams will need to complete all their challenges and make it to the final location by 4PM. At the final location, team members will receive 2 drink tickets, heavy appetizers and awards. Raffles and good times will certainly be underway!

The Amazing Race First Place Winners will be receiving an elegant five course Chef's Tasting for four at the beloved Chef's Table in Stuart!

Funds raised from this event will go towards the YMCA Annual Campaign; providing YMCA programs and services to families that need financial assistance. The YMCA does not turn anyone away because of financial status.

Support the YMCA today and register your team online! Registration for a team of four is only \$200. Registration deadline is November 10th.

For questions, email ADucote@ymcatreasurecoast.org.

Register Your Team Today!

Friendsgiving Potluck



We're excited to invite all our members to a Thanksgiving celebration filled with food and friends! Join us on **November 16th at 11:00am** to participate in our Friendsgiving!

A signup sheet is posted at the front desk for all members and staff who would like to volunteer to bring food.

Give Back Night @ Pei Wei

Come support the YMCA and enjoy freshly prepared Asian & Chinese food on **November 14th 11am to 9:30pm** at Pei Wei Asian Kitchen (2101 SE Federal Hwy, Stuart).

When you dine-in or carry-out please mention the YMCA and a portion of your order will be donated to us!



[Download Flyer](#)

Stuart Air Show



Please be ready to show your YMCA Membership key tag at our gate and be prepared for extra traffic Friday, November 10th - Sunday, November 12th.

[Become Air Show Volunteer](#)

Christmas Parades



Please join us with our illuminated, musical school bus and a host of walkers at the annual **VNA Stuart Christmas Parade on Friday, December 1st**. We will provide a shuttle from the YMCA's Stuart branch at 5:35pm to the staging area AND from the end of the parade back to the Y. If you are interested or have questions please email teverett@ymcatreasurecoast.org.

We will also be participating in the annual **Indiantown Christmas Parade on Saturday, December 2nd**. You can join us on our bus (first come, first served), or just as a spectator. This great small-town parade starts at Big Mound Park 15205 SW Indian Mound Drive and ends at Post Family Park, 15700 SW Warfield Blvd with some after parade fun. Lineup begins at 4pm; parade starts at 5pm. If you are interested or have questions please email pmungin@ymcatreasurecoast.org.



SPOTLIGHT

Welcome to Our Team



Please welcome our new Senior Director of Wellness, Joshua Joseph!

Joshua's passion for health and wellness stems back from his childhood days. He grew up playing sports and music, then began weight training in high school. He was born and raised here on the Treasure Coast, in St. Lucie County and obtain his Bachelor's degree in Business Administration at Indian River State College. He is a Certified Personal Trainer from ACE and specializes in health and wellness with a holistic approach because "health and wellness is never ending."

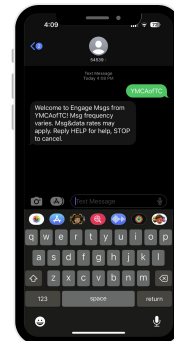
Joshua came to the YMCA to make a difference in the community with the aspirations of offering services and programs that he wish were available when he was growing up. We look forward to the difference he will make here at the YMCA!

Apply to Become Part of our Team!

Stay Informed!



Read Past Newsletters

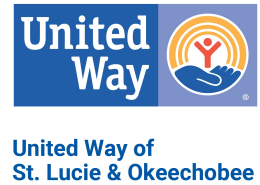


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