

## Morgan Murphy

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**From:** YMCA of the Treasure Coast <engagesupport@daxkoengage.com>  
**Sent:** Friday, July 7, 2023 3:55 PM  
**To:** Morgan Murphy  
**Subject:** Summer Learning at the YMCA!



## Five Ways to Celebrate Summer Learning

Summer Learning Week is July 11-15 and the YMCA is excited to share five ways you can keep your family learning all summer long!

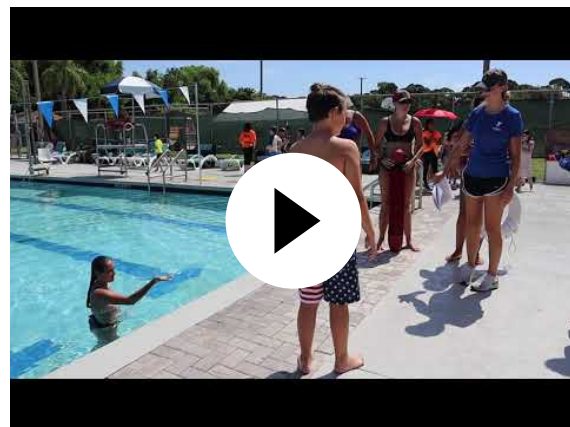
[Learn More](#)

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## Safety Around Water

Our Aquatics staff demonstrated water safety skills and taught all our Summer Campers how to properly assist someone who has fallen into the water without endangering their own safety.

[Learn More](#)



## Thank You



We recently received a grant from the Florida State Alliance of YMCAs to purchase aquatic supplies. This picture only shows a very small fraction of the supplies that we were afforded. We can't thank them enough and we look forward to the difference this equipment will make in our Aquatics programs.

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## Afterschool Drumbeat Program

At the YMCA, DRUMBEAT is delivered by trained staff members, as a component of the existing Before and After School and Summer Camp programs. In year one, 70% of students will show at least a 20% gain in self-esteem.



[Learn More](#)

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## Five Reasons to Get Your Child Involved in Y Before & After School



As another summer begins to wind down and a new school year is on the horizon, the YMCA wants to remind parents and caregivers that the Y's before & after school program is a place where children can remain active and engaged during their time out of school – a critical time for all school-age children.

[Register Today!](#)

[Learn More](#)



## EVENTS

### Nutrition Classes

The YMCA is hosting the Treasure Coast Food Bank's 4-week Nutrition classes at our Indiantown Branch from 6pm to 7pm on the following Tuesdays:

- July 11th
- July 18th
- August 1st
- August 8th

Max 20 people per class, including children.

More classes will be available at a later date.



Contact Christa Stamos, Nutrition Educator at 772-446-1795 or [cstamos@tcfoodbank.org](mailto:cstamos@tcfoodbank.org) to register.

### Celebrity Chef



Join us on **September 12th 6pm-9pm** for our annual YMCA Celebrity Chef Show!

You won't want to miss our celebrity chef's preparing your hibachi meal, as this is their first time at the grill. All this fun while supporting the YMCA of the Treasure Coast's 2023 Annual Campaign.

Celebrity Chefs Include:

Ed Ciampi, Martin County Commissioner  
Rick Wilson, Owner of the Gafford Restaurant  
Angela Hoffman, Vice-President of the Stuart Chamber,  
Philip DeBerard, Injury Attorney  
Steve Doherty, Financial Representative at Northwestern Mutual  
Shaun Willams, Financial Representative at Northwestern Mutual  
Jaclyn Uhl, Domesticated Goddess & Fearless Philanthropist  
Josh Ferraro, Partner at Lesser, Lesser, Landy and Smith  
Kathy Wentworth, YMCA Personal Trainer

With Pete Morello, owner of UPS Store, as our emcee!

**Buy Tickets Today!**



Join us for the Amazing Race: Martin County Edition on Saturday, November 18th beginning at the YMCA at noon and ending with an after party at 4pm.



This is a family friendly event with teams of 4 competing to win the First Place title.

It involves solving clues or facing challenges at each location to get you to your next location and to the finish line the quickest.

**Register A Team Today!**

## **SPOTLIGHT** **YMCA Youth Sports Superstar**



Tori Penso began her Soccer Referee career here at the YMCA of the Treasure Coast at only 14 years old until she was 18 years old at which point she was invited to an Olympic Development Program refereeing camp in Alabama.

Penso graduated from Florida State University in 2008 with a digital marketing degree. She worked in marketing for Coca-Cola and Red Bull until relocating to Ohio to earn a Master of Business Administration in 2015 from the Case Western Reserve University.

In January 2020, Penso was appointed as the managing director of the National Intercollegiate Soccer Officials Association. On September 25, 2020, she became the ninth woman to referee a MLS match and the first since Sandy Hunt in May 2000.

In 2020, she became the first woman to referee a Major League Soccer regular season match in 20 years.

She will be one of the US referees who will officiate at the upcoming

Penso joined the United States Soccer Federation as a referee in 2013 and was assigned to women's collegiate tournaments and later the National Women's Soccer League (NWSL). Following the 2019 Generation Adidas Cup, she was invited to join the Professional Referee Organization's PRO2 development program. Penso later served as an assistant or fourth official at several Major League Soccer (MLS) and USL Championship matches, in addition to assignments in the NWSL.

[2023 FIFA Women's World Cup](#) in Australia & New Zealand.

[Read More](#)

## Watch FIFA World Cup On Fox Sports

June 20th - August 20th

[See Schedule](#)

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## Welcome to Our Team

Please welcome Rashaun Bennett. Rashaun comes to the YMCA with 20 years' experience in childcare. Starting out learning how to swim at her hometown YMCA of Maple Heights, OH to becoming a summer camp counselor during high school years in Coral Springs FL. She studied Psychology at the University of South Florida before meeting her husband. As a military spouse, she was able to work with the Armed Services YMCA in Jacksonville, North Carolina and with Camp Pendleton in California. While working as a Program Lead with the Y she taught mommy and me, Preschool and an after-school program for at risk students of deployed service members. She also worked at Camp Lejeune's child development center as a program assistant working with the infant and pretoddler program, as well as training new incoming staff.

She has 3 children, and in her free time, she enjoys traveling and trying new foods with her family and friends and reading.



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## Promotion



Phalysha Mungin has worked in the childcare field for 25 years, 10 of those years have been with the YMCA in Indiantown.

Phalysha calls the YMCA her home. She says, "the YMCA holds a special place in my heart because of the families, children and staff. Listening to their laughs, cries, jokes, and most of all their hilarious stories, it can break you down in tears. I would not give it up for world. We are a community that sticks together whether it's through the good or the bad".

Phalysha says she loves caring for children, keeping them safe and helping build their minds.

She looks forward to being a successful Childcare Services Director for the YMCA in Indiantown.

**Apply to Become Part of our Team!**

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