### **Morgan Murphy**

From: YMCA of the Treasure Coast <engagesupport@daxkoengage.com>

**Sent:** Friday, July 8, 2022 3:00 PM

**To:** Morgan Murphy **Subject:** What's Your Y Story?



## **Military & Veterans Membership Discount**

Days like the 4th of July reminds us how lucky we are to live in the home of the free because of the brave. So we want to take the time to thank our active military members and veterans for all they have done to keep our country safe!

We always offer active military members, veterans and their families a 25% membership discount (with no join fee)! Visit our front desk with your Military or Veterans ID to join today!

**Click Here for More Details** 

**Visit Our New Website!** 



(772) 286-4444



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Check out our new website at <a href="www.ymcatreasurecoast.org">www.ymcatreasurecoast.org</a>! Now it's easier to find <a href="programs">programs</a>, <a href="events">events</a>, <a href="group exercises classes">group exercises classes</a> and <a href="share your Y experience">share your Y experience</a> with others!

# What's Your Y Story?



Do you have a favorite memory involving the Y? We are always seeking member stories that help us show how the Y makes a positive impact on individuals and families in our community.

Please take a moment and share with us why you belong, participate in, work for, volunteer with, or give to the YMCA.

Perhaps it's the impact of a specific program or a caring staff member that inspired you. Or the difference the Y has made in our community.

Here are a few prompts to help get you started:

- "My favorite memory of the Y is..."
- "Being part of the Y makes me/my family feel..."
- "The Y changed my/our life by..."
- "I care most about the work the Y does for..."

**Share Your Story!** 

## **Afterschool Registration Now Open!**

Can you believe that summer is halfway over? It is, and that means it is time to start planning for 2022-2023 Afterschool at the Y!

Afterschool at the Y keeps the summer fun going all year round! Swimming, academic enrichment and homework help from certified elementary teachers, arts and crafts, and so much more combine to ensure a safe, healthy, and high impact experience for your child.



At the Stuart Branch, the program runs from school dismissal until 6:00 p.m., on all Martin County School District school days, including early release days. Transportation is included from JD Parker, Felix Williams, Jensen Beach, Pinewood, Seawind, and Port Salerno Elementary schools.

Tuition is \$65 per week for YMCA Family Members or \$75 per week for non-members, plus a \$30 supply fee.

Registration is now open and spaces are limited, so reserve your space now! School starts in Martin County on Wednesday, August 10th!

**Reserve Your Spot Today!** 





If you feel like your weight loss or fitness journey has plateaued, try our Level Up classes in our NEW Fit Zone!

**Every Friday** 

Lori 8:00-8:45am

Kathy noon-12:45pm

Pay \$50 a month or a \$15 drop-in fee

**Registration Required** 

Or purchase a class pass at our front desk for \$100 for 8 Level Up classes.

CLASS PASS

1 2 3 4 5 6 7 8

YMCA OF THE TREASURE COAST 772-286-4444



Our new Student Membership rate gives High School and College Students (ages 14-22) all the fitness, basketball, and swimming they can handle for only \$19 per month with no join fee! Must show valid Student ID to qualify.

**JOIN TODAY!** 

\*Ask the front desk about our FREE 8th Grade Memberships

## **Summer Swim Lessons**

#### **Weekday Sessions**

Mon, Tues, Wed, Thurs Classes For 2 weeks (8 classes):

July 18 - July 28

\$96 Members / \$120 Non-Members

#### **Saturday Sessions**

Saturdays only for 6 weeks

July 9 - August 13

\$72 members / \$90 Non-Members

#### **Private Lessons**

(4) 30-Minute Lessons \$95 Members, \$125 Non-Members

For scheduling inquiries, please email or call our Aquatics Director, Seth Gill at **sgill@ymcatreasurecoast.org** or 772-286-4444 ext 258.



**Free swimming lessons** for economically disadvantaged Martin County children between the ages of 6 months and 17 years of age.

To qualify, Parent or Guardian must supply proof of residency in Martin County and income verification (i.e. proof of SNAP, Medicaid or free or reduced cost lunch eligibility.) A Parent or guardian must also attend a water safety class to ensure children stay safe. Register at our front desk.

## **Click Here to Register**



Registration for Fall Youth Sports is now open until August 22nd. Season begins with practices the week of September 6th with games beginning on September 17th. Last game of the season will be on October 29th.

Note: We are only offer Basketball this season. Soccer and Flag Football will return this winter once the field renovation is finished! Thank you for your patience!

**Click Here to Register** 



# **Cardboard Regatta Race**

Join us for the 2nd Annual, family-friendly, Cardboard Boat Regatta! In proud partnership with the US Sailing Center, we are excited to host this fun event on **Saturday August 6th** at the US Sailing Center, 1955 NE Indian River Dr, Jensen Beach, FL 34957.

Boat construction needs to be made of cardboard, duct tape and paint only. Boat must be able to hold 2 people. Check out these fun Pinterest boat ideas to design your family vessel.



**Click Here to Register** 

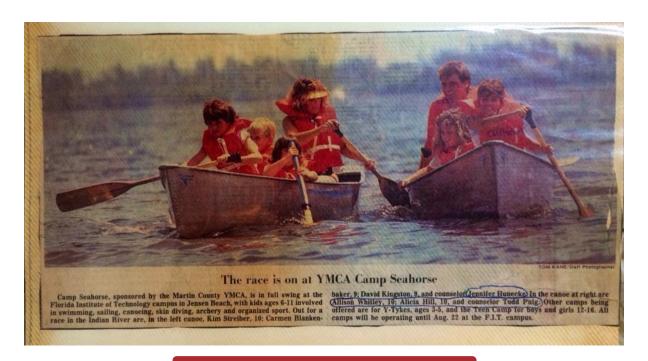


# Alicia Hill 36 Year Member



Alicia's roots run deep at our YMCA! She has been a member for over 36 years and attended our Summer Camp program long before our building was even built. She later became a Summer Camp Counselor as well as a volunteer! And now she has continued the tradition with her 11-year-old daughter, Micaela, who has been attending our afterschool and summer camp programs since she graduated from our preschool! Thank you, Alicia, for making us a part of your family!





## **Click Here for More Y Stories!**

Connect with us on:











YMCA of the Treasure Coast | 1700 SE Monterey Road Stuart, FL 34996

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